



**Monday – Marvel Madness:** Become a master of the Marvel Universe! Start the hero training with Black Panther’s speedy reflexes! Demonstrate earthquake powers and learn that with great science, comes great fun!

**Tuesday – DC Dynamos:** Unlock the power of your favorite DC heroes! Design a utility belt like Batman, shapeshift with Beast Boy, and master magnetism to move objects without touching them like Miss Martian.

**Wednesday – Brand New Heroes:** Learn about the science behind modern heroes, control the chemistry that powers the Powerpuff Girls and work as a team to build tech with Voltron!

**Thursday – Video Game Heroes:** Move out of the comics and into the game systems! Explore the world of computer engineering and use coding software to make video game heroes.

**Friday – Help Save Planet Earth!:** Complete the hero training by exploring fictional and real-life heroes! Learn the importance of saving Earth and take this knowledge to create a superhero comic book.

**Monday**

Item	Quantity	Substitution
Tape (Not Duct tape)	1 roll	
Craft sticks	10	
Disposable Straws	10-20	
Paper	10 sheets	
Flat tray	1	Disposable plate
Toy Car	1	Any small toy
Ruler	1	
Cardstock	1-3 sheets	Felt or Paper
Glue	1	
String or Yarn	1 foot	
Coloring Materials	various	
Craft materials	various	pom poms, sequins, glitter glue, stickers, pipe cleaners, etc.
Pencil	1	Pen or marker
Cotton balls	1-5	Craft pom poms
Disposable cup		funnel
Scissors	1	





**Tuesday**

Item	Quantity	Substitution
Green Paper	1-3 sheets	Any color
Scissors	1	
Magnets	6 or more	Bar, rings, etc.
Paper	5 sheets	
Paper clip	5-10	
Penny	1	Any other coin
Belt	1	Fanny Pack or string/yarn
Glue	1	
Tape	1 roll	
Aluminum Foil	2 sheets	
Colored Paper	various	
Fabric	Size of hand	Felt or small towel
Twist Ties	5-10	Pipe Cleaners
String or Yarn	6 feet	
Masking Tape	1 roll	
Binder Clips	1-5	
Recycled Materials*	Various	See Table below for ideas
Index Cards	50	
Ruler	1	
Disposable Paper Cup	1	

**Wednesday**

Item	Quantity	Substitution
Coloring Materials	Various	
Large Bowl	1	Plastic preferably
Rubber Bands	10	
Ball	1	Tennis ball, golf ball, some kind of round ball
Ruler		Large shoe
Recycled Materials	Various	
Scissor	1	
Tape	1 roll	
Glue	1	
String	3 feet	yarn
Paper	5 sheets	
Pencil	1	pen
Ice cubes	5	
Plate	1	bowl
Small glass of water	1	
Salt	½ cup	





**Thursday**

Item	Quantity	Substitution
Cereal Box	1	Cardboard
Bottle Cap	1	
Straw	1-3	
Tape	1 roll	
Glue	1-2 bottles	
Scissor	1	
Colored Paper	Various	
White Paper	1-5 sheets	
Craft Stick	1	Wooden stick, pencil or chopstick
Ruler	1	
Newspaper	10-20 Sheets	
Water	2 cups	
Balloon	1	
Salt	1 teaspoon	
Flour	2 cups	
Bowl		
Coloring Materials	Various	Tempera Paint, Watercolor Paint or Markers
Paintbrush	1	

**Friday**

Item	Quantity	Substitution
Large Clear Cup	1	Mason jar
Oil	1/2 cup	
Water	1-5 cups	
Paper	5-10 sheets	
Colored Paper	various	
Bowl	1	Baking Pan
Coloring Materials	Various	
Scissor	1	
Pencil	1	Pen or Marker
Small Toy (able to get wet)	1	Lego toy
Clear Plastic Wrap	1 sheet	
Large Container	1	Large Bowl
Ice	5 cubes	
Ruler	1	
Small disposable cup	1	Small Ziploc or plastic bag





**\*Recycled Materials could be any of the following:**

Cardboard boxes	Packing Peanuts	Bubble wrap
Bottle caps	Cans	Bottles
Food jars	Milk cartons/jugs	Old greeting cards
Egg cartons	Clean takeout containers	Plastic cups
Old t-shirts	Corks	Plastic Bags
Paper towel tubes	Toilet paper tubes	Cereal/Cracker boxes
Newspaper	Plastic Utensils	Wooden chopsticks
Old electronics	Magazines	Old books
Hardware (nuts, bolts, washers)		

